

## What is a Hulda Clark Zapper?

A Hulda Clark zapper is a battery powered electronic signal generator that meets the following specifications as laid down by Dr. Clark on pages 14 & 15 of "The Cure for All Diseases":

- battery operated [see page 14 bottom]
- positively offset frequency [output never goes negative, even a tiny bit]
- sufficient voltage (5 to 10 volts)
- duration (seven minutes) and
- frequency (anything from 10 Hertz to 500,000 Hertz)

Dr. Clark adds, "Generating positive offset frequencies is the best way to kill all pathogens quickly. But it takes more than one treatment. It takes **three treatments** to kill everything. Why? The first [seven minute] zapping kills viruses, bacteria, and parasites. But a few minutes later, bacteria and viruses (different ones) often recur. I conclude they had been infecting the parasites, and killing the parasites released them. The second [seven minute] zapping kills the released viruses and bacteria, but soon a few viruses appear **again**. They must have been infecting some of the last bacteria. After a third [seven minute] zapping I never find any viruses, bacteria or parasites, even hours later."

[I have inserted the words in square brackets above to clarify misunderstood areas. Three 7-minute sessions of zapper pulses, separated by two 21-minute rest periods, constitute one automatic zapping cycle with our Auto-Zap zapper. Arthur Doerksen, P.Eng.]

**Dr. Hulda Clark's specifications exclude all devices based on the work of Dr. Bob Beck**, including his "zapper"/colloidal silver maker/plant growth stimulator, Brain Tuner, and magnetic pulser. **They also exclude most "Rife type" devices** that I have tested, which generally produce AC output, with negative pulses that make parasites GROW! See "The Cure for HIV and AIDS," page 71, third paragraph, quoted below.

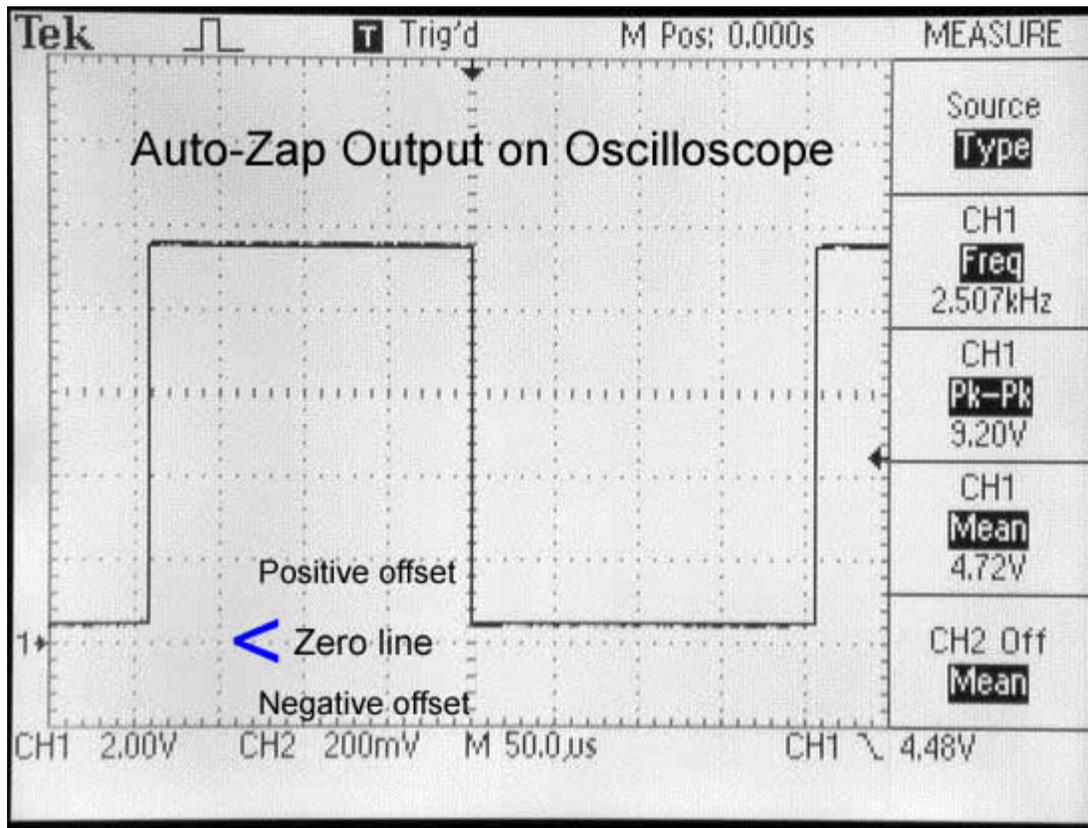
## How does it work?

"Many variations in zapping technique have been discovered since the one found around 1990.

"The original technique showed that very small animals, like our parasites, can be killed with a very small voltage. But only IF the voltage is 100% **positive offset**, and only IF the voltage is varied up and down repeatedly.

"If the varying voltage becomes **NEGATIVE**, even momentarily, it **supports and maintains** their lives! This must be avoided. You cannot take this for granted when you **purchase** a zapper. The maker must assure you that it has been checked on an oscilloscope and not even 1% negative voltage found. Preferably a picture of the zapper output on an oscilloscope should accompany the unit, together with an arrow pointing to the zero line..."

**Here is the output waveform from the Auto-Zap zapper as seen on a Tektronix TDS 210 oscilloscope.** Note that the signal never goes down to the zero line, but remains above it at all times. This is what Dr. Clark means by "positive offset."



Dr. Clark continues, "If the voltage is applied in pulses, to produce a "square" wave, it will affect many parasites at once so that the **rate** of raising and lowering it, called **frequency**, is not critical. Even though these tiny animals undoubtedly have a "mortal frequency", this rate does not need to be known or used when a square wave of electricity, **totally positive**, is used (see page 529).

**"A positive electrical force that pulses up and down not only appears to kill tiny invaders, it also seems to energize your white blood cells to go on an all-out attack on your enemies: your parasites, your toxins, everything, in spite of their four blockers. In spite of benzene, PCBs, metals, and asbestos! For a time, your WBCs turn into Super-WBCs. That I why I recommend eight hours of zapping daily until you are well.** [Dr. Clark is recommending this for people with AIDS, not for all people, although it will not hurt you to zap eight hours a day - Arthur]

"Remember that killing parasites, by itself, as we can do with herbs, removes the HIV virus source, but this does not return immune power. **A zapper, on the other hand, not only eliminates parasites; it does so by returning immune power.** Each method has its own virtues." [emphasis mine - Arthur]

(from "The Cure For HIV and AIDS," by Dr. Hulda Regehr Clark, pg. 71)

# WHO IS DR. CLARK?

Dr. Hulda Regehr Clark's Personal  
History and Health Journey

By Lyn Doerksen



## Introduction

We first saw Dr. Clark's book, "The Cure for All Cancers," in November, 1994. But we little suspected the great impact this little humanitarian dynamo from Saskatchewan would have on our lives. Since then, Arthur and I have come to personally love and trust Dr. Hulda Clark as our mentor and friend.

What Dr. Clark wrote made a lot of sense to us, in theory. And when we followed her instructions step-by-step, Arthur's tumor disappeared, just as she predicted. That got our attention, and the rest is history.

Today, we have a great awe and respect for Dr. Clark that has grown over the years. Not only because of Arthur's total recovery and present health, but because we have followed Dr. Clark through the battles she has faced, giving us greater freedom to make health choices for ourselves. She has courageously battled the pharmaceutical "gods" and agendas, and paved the way for independent research and recognition for alternate therapies.

To truly understand the heart and passion of this great woman, you must read and feel this quote from Dr. Clark's books: ***"From time immemorial, healthy people have held sick people hostage...I believe hostage-holding of the sick is immoral, fundamentally unethical, and needs to be stopped."***



### Dr. Clark - an Independent Research Scientist

booster? Could this be simulating a part of the Staph molecular structure? Perhaps the Staph was not even necessary!

It was a crazy idea b

Then it occurred to me that this is merely food. These two amino acids are produced in the stomach and intestine by digesting protein. Are some of us with very low immunity not capable of making this mysterious substance because our stomachs are sick? I studied digestion of these amino acids. A great deal has been published about them. In fact, my stomach had been misbehaving for years. Maybe my stomach and intestines were not able to make it by digesting ordinary food. Perhaps this substance could simply be eaten instead of injected.

That was the magic answer! By eating it, the potency was greatly increased. Ordinarily, the potency of chemicals is much lowered by the oral route but in this case it was reversed. This discovery came just in the nick of time. Bloomington's beloved

Hulda Regehr Clark began her studies in biology at the University of Saskatchewan, Canada, where she was awarded the Bachelor of Arts, Magna Cum Laude, and the Master of Arts, with High Honors. After two years of study at McGill University, she attended the University of Minnesota, studying biophysics and cell physiology. She received her Doctorate in 1958. After doing government sponsored research for almost ten years at Indiana University, she began full-time private consulting in nutrition in 1979. She continued her studies to earn a Naturopathy Degree and an amateur radio license.

### **Dr. Clark's Personal Health Crisis**

The following excerpt is taken from Dr. Clark's original book "The Cure for HIV and AIDS" Copyright 1993. Dr. Hulda Clark tells about her personal battle with Herpes simplex, that spread to her eyes and was threatening to invade her brain!

When we read this, we realized that her battle for answers and uncovering the truth was more than a humanitarian effort, but it started as a personal crisis that became a life and death issue for her. We felt that she could identify with the common person who was fighting for their life against cancer, HIV, and any other disease.

Talking about Dr. Schaffer, Dr. Clark says "If that excitement had not reached me, I may not have survived to work on cancer and HIV/AIDS." She later states "....I am ever grateful." This is the true spirit of Dr. Clark. She is a kind, selfless, humble, but fearless, courageous, brilliant woman who has used her own health challenge to take the ball and run with it.

After this excerpt, we will describe our personal history with Dr. Hulda Clark, along with our most recent pictures taken together.

### **The Story of L-G**

"A tribute to Dr. James Schaffer, M.D. of Bloomington, Indiana."

"Dr. Schaffer was a pediatrician who devoted 20 years of his life to discovering L-G (lysine-glutamate). He called it "JS14". At any time of day, his office was crowded to the door with parents holding sick children. He was a gruff man but infinitely caring about his patients. On Saturdays and Sundays he worked on his pet product, JS14.

He had discovered that if you grow a culture of ordinary bacteria. Staphylococcus albus (a variant of S. Aureus), found on anybody's skin, they would make a substance of great immune significance.<sup>1</sup> I gleaned this from reading his patent(s) on the culturing technique. <sup>2</sup> He discovered that by adding a little bit of an amino acid, aspartic acid, to the culture, the bacteria would make much more of this mysterious substance than without it. Are these bacteria always making this for us, on our skin, in our intestines? Do these bacteria need a special factor to make it in good quantities for us? These were questions he was trying to answer in his private lab where he worked every spare minute. He would inject some of the culture into mice and then infect them with diseases to see if they got protection from it. Indeed, they did. So he perfected JS14 for human use.

His potent immunity-brew was injected just under the skin where it produced a small bubble. It became known as Dr. Schaffer's Bubble Shot. He used it for children and adults with chronic illnesses caused by Herpes, Epstein Barre Virus, Cytomegalovirus, cancer. Later, he used it on porphyria, as well as a mystery disease that nobody could diagnose at that time, which turned out to be HIV/AIDS.

He was getting fantastically good results and his excitement flowed to those around him. If that excitement had not reached me, I may not have survived to work on cancer and HIV/AIDS. I was suffering from ordinary Herpes simplex, but it had spread to the eyes and was spreading through my brain! Once a week I got his Bubble Shot and listened as he updated me on his research. But, occasionally, I would be called by his office to let me know he was ill and could not make the appointment time. I realized this beloved doctor was indeed very ill, and I should learn how to make this immune booster myself.

I did not culture *Staphylococcus aureus*. I studied its molecular structure. It has lysine-glutamate links frequently along the chain of molecules making up its coat. Are our bodies intended to utilize this common skin bacteria after they die in such a way that we would digest these chains to make a superb immune booster for ourselves? Should I begin to experiment with *Staphylococcus aureus* or other "Staphs"?

Perhaps such a product was already on the market? So it was! I purchased a kind of L-G and tried it as a bubble shot during those weeks that Dr. Schaffer was ill. My shot did not work well. His return was a great relief. I decided to make the culture broth and learn to culture the bacteria. But Dr. Schaffer was not well enough to teach me the techniques. In desperation I studied the recipe for his cultures from the published report he gave me. There were large amounts of L-lysine and L-glutamic acid in it. Could they be reacting with other in the brew to make this potent immune booster? Could this be simulating a part of the Staph molecular structure? Perhaps the Staph was not even necessary!

It was a crazy idea but simple enough to try and throw out if it was wrong. I mixed L-lysine and L-glutamic acid under sterile conditions, and tried this as a bubble shot. It had some effect! I was on the right track! It was not as effective as Dr. Schaffer's bubble shot but perhaps it could be made stronger!

Then it occurred to me that this is merely food. These two amino acids are produced in the stomach and intestine by digesting protein. Are some of us with very low immunity not capable of making this mysterious substance because our stomachs are sick? I studied digestion of these amino acids. A great deal has been published about them. In fact, my stomach had been misbehaving for years. Maybe my stomach and intestines were not able to make it by digesting ordinary food. Perhaps this substance could simply be eaten instead of injected.

That was the magic answer! By eating it, the potency was greatly increased. Ordinarily, the potency of chemicals is much lowered by the oral route, but in this case, it was reversed. This discovery came just in the nick of time. Bloomington's beloved Dr. James Schaffer passed away. It is a terrible loss to us all. His research was not completed. His results, his data, were voluminous, but only usable by someone intimately acquainted with it. Our mourning after him has not yet ended.

But I could treat myself: not weekly, as before, but daily! I became well. JS14 and L-G were the decisive factors in fighting my chronic Herpes eye infection.

The recipe is simple, a gift to you in memory of Dr. James Schaffer. Perhaps it is not the same as his Bubble shot. Perhaps we will never know. But it came into existence as a result of his Bubble Shot and I am ever grateful."

### **L-G Recipe**

1/8 cup L-Glutamic acid powder, not glutamine (available from Now Foods, Jomar Labs, or crush tablets from Schiff Bio-Food Products)

1/8 cup L-lysine powder

Add the above powders to two quarts of cold tap water and heat, covered, till completely dissolved; it will be near boiling. Use a non-metal pan and non-metal stirring spoon. When it cools, freeze most of it, in suitable small bottles. Keep one cup of it handy in the refrigerator, for immediate use. If it develops a white crystalline precipitate at the bottom, it must be shaken up to make sure you get the pure L-G. You may

also reheat it to dissolve it again. Since It has no preservatives, you must reheat it every fourth day to kill any growing bacteria.

Dose: take 1 tablespoon 4 times a day (if you are quite ill) on an empty stomach. Take 1 tablespoon 3 times a day (if not so ill) before meals for as long as you feel you have a viral condition. There are no side effects. Use a non-metal spoon.

Mechanism of L-G. L-G travels to your thymus; this much can be observed electronically. Does it stimulate T-cell production? Does it do some other vital task? Only further study can answer these questions.

[The Story of L-G and the recipe are from "The Cure for HIV and AIDS," Copyright 1993 by Hulda Regehr Clark, Ph.D., N.D. All rights reserved.]

### **Our History With Dr. Clark**

On November 23, 1994, Arthur went on Dr. Clark's herbal parasite cleanse, and we did the household cleanup. In two months Arthur's tumor had disappeared, and we decided to see Dr. Clark to learn all we could about her and her methods.

On February 22, 1995, we took a family trip down to Mexico via southern California and Disneyland. We booked 2 hours with Dr. Clark herself. We wanted to be checked out for the human intestinal fluke and any solvents in our body. We wanted to learn as much as we could, and see how the syncrometer worked so we could go home and do it for ourselves.

We met Dr. Clark at the Manner Clinic. She demonstrated the syncrometer and tested us for all kinds of solvents and parasites (explaining everything and answering all our questions). At the end of the 2 hours we were treated with her new "machine" which was later to be called the Zapper. It was a big paradigm shift for us. Our minds were stretched, and our eyes opened to another way of doing things.

A few months later, Arthur participated in the syncrometer training seminar in Toronto, ON, Canada. We went down to Dr. Clark's clinic in Mexico on at least 3 other occasions when we were there with my mom who was battling kidney & bone cancer. I attended syncrometer training under Carmen Meyer. We became friends with Geoff Clark and some of the Self-Health Resource Center folks. During this time we developed our own zapper, the Auto-Zap, which was tested and approved by Geoff Clark. We began networking with many of the Clark Therapy researchers, and began to design an automatic syncrometer. This project is still incomplete, but may be completed in the future.



On Labor Day weekend, 2003, we spent time with Dr. Clark, watching her demonstrate new test methods and bottle copy techniques. We saw the power of saliva testing with the Syncrometer, and left with a new understanding of the global water contamination problem from industrial laundry (Clorox type) bleach, which Dr. Clark believes could kill off entire continents if left unchecked. **You can see the PCB's (which she finds in such bleach) floating on the African bottled water in the picture above.** If you have not read about the water problem, make sure to get the newest "Cure for HIV and AIDS" book, and read the chapter on Africa. Unfortunately, the problem is present here in North America as well, as Dr. Clark finds industrial bleach in about half of the water samples she tests here.

Later we were able to stand in the warm sun and have a picture taken. We will never forget these special moments, and Dr. Clark's devotion to those in her care.



### **Her Impact On Our Future**

We manufacture the Auto-Zap zapper, Sync-Rho-Meter, and zappicators, based on Dr. Clark's pioneering work. We get to talk on the phone with hundreds of health seekers and especially cancer sufferers, and are continually searching for more clues and pieces to the puzzle. We emphasize the need for people to take personal responsibility for their own health. 30 years ago we never would have believed that something like "cancer" would positively change the direction of our lives forever. We are committed to pursuing non-toxic, alternative therapies that work with the body and help to rebuild it right at the cellular level.

We want the **truth**. We will not believe any more lies and deception from researchers whose pay checks depend on them never finding real answers. We are tired of seeing our parents and children used as guinea pigs in the hands of the pharmaceutical industry. We are determined to change this by providing education, research tools and a new direction for the health of the next generation